



# Centre Stage DANCE STUDIO

## 2023-2024 Company Schedule

### Pre-Company

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>PETITE PREP</b>		3:45-4:30 Rehearsal 4:30-5:15 Combos 5:15-6:00 Ballet		4:30-5:15 Hip hop Tumble 5:15-6:00 Tricks/Technique 6:00-6:45 Tumbling		
<b>JUNIOR PREP</b>	4:30-5:15 Ballet 5:15-6:00 Technique 6:00-6:45 Tumble/Tricks 6:45-7:30 Stretch/Strength		4:30-5:15 Rehearsal 5:15-6:00 Hip hop 6:00-6:45 Combos			
<b>TEEN PREP</b>		6:00-6:45 Tumble/Tricks 6:45-7:30 Hip hop 7:30-8:15 Rehearsal 8:15-9:00 Stretch/Strength		5:15-6:00 Ballet 6:00-6:45 Combos 6:45-7:30 Rehearsal 7:30-8:15 Technique		

### “PREP PACK” Pre Company

\$259 Petite Prep, Junior Prep and Teen Prep

CentreStage also offers a pre-company team, which will be a springboard to our Company. The purpose behind this team is to provide the instruction, experience, training and overall preparation to those dancers who are interested in joining our company in the future. This team is also designed for those dancers who might not quite be at the skill level required for Company or are not quite ready for the time or financial commitments of Company.

Our pre-company team will perform at most CentreStage performances and will experience competing in 3 competitions during the season. They will compete 2 dances (in the 3 competitions), which will require 2 competition costumes that they will be able to also use for the recital. All of these teams are a privilege and an honor, and the members are expected to follow the same code of conduct and dedication as our Company.

We are extremely excited to offer these opportunities to our dedicated and talented dancers and are fully prepared to help them to be successful on both these teams and a future on a CentreStage competitive team.

**The new season will start Monday, August 7, 2023.**



# Centre Stage DANCE STUDIO

## Company

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>CHERISH</b>		3:45-4:30 Rehearsal 4:30-5:15 Ballet 5:15-6:00 Combos		4:30-5:15 Rehearsal 5:15-6:00 Tricks/Technique 6:00-6:45 Tumbling		
<b>DEVOTION</b>	4:30-5:15 Combos 5:15-6:00 Ballroom 6:00-6:45 Tumble 6:45-7:30 Stretch/Strength	6:00-6:45 Tap 6:45-7:30 LTJ 7:30-8:15 Combos	4:30-5:15 LTJ 5:15-6:00 Hip hop 6:00-7:30 Ballet			9-9:45 Ballet 9:45-10:30 Tech 10:30-12:30 Rehearsal
<b>POWER</b>		6:00-6:45 Tap 6:45-7:30 LTJ 7:30-8:15 Combos 8:15-9:00 Technique	6:00-7:30 tumbling/stretch/ strength 7:30-9:00 Ballet	5:15-6:00 Ballroom 6:00-7:30 Ballet 7:30-8:15 Hip hop		9-9:45 Tech 9:45-10:30 Progressions 10:30-12:30 Rehearsal
<b>FIERCE</b>		6:00-6:45 LTJ 6:45-7:30 Tap 7:30-8:15 Technique 8:15-9:00 Combos	6:00-7:30 tumbling/stretch/ strength 7:30-9:00 Ballet	5:15-6:00 Ballroom 6:00-6:45 Hip hop 6:45-7:30 Progressions 7:30-9:00 Ballet		Rehearsal 11:30-1:30 Additional as needed
<b>VIBE</b>	7:30-9:00 Turns & Technique	6:00-6:45 Tap(optional) 6:45-7:30 LTJ 7:30-9:00 Ballet	6:00-7:30 tumbling/stretch/ strength 7:30-8:15 Combos 8:15-9:00 Technique	6:00-6:45 Ballroom 6:45-7:30 Hip hop 7:30-9:00 Ballet		Rehearsal 11:30-1:30 Additional as needed
<b>POM</b>		6:45-7:30 LTJ 7:30-9:00 Ballet	6:00-7:30 tumbling/stretch/ Strength 7:30-9:00 Technique	6:45-7:30 Hip hop 7:30-8:15 Audition Prep 8:15-9:00 Rehearsal		Rehearsal 2-4pm? Additional as needed



## Company

Monthly tuition for the Company team is...

\$259 Cherish

\$400 Devotion, Power, Fierce, Vibe

\$350 Pom (modified schedule for company dancers on high school pom teams)

and is paid for 12 months (June Tuition is paid June 1<sup>st</sup>, July Tuition is paid June 15<sup>th</sup>). The classes listed on the schedule are mandatory for your team. There is an additional yearly financial commitment that can range depending on the number of competitive dances a dancer participates in. These additional costs are for costuming, choreography, cleaning, props, master classes, competition entry fees and convention class fees. Company is a very big commitment for both the dancer and the family. Please consider both the time and financial commitment before deciding to audition and don't hesitate to schedule an appointment with Jenny for any questions you may have!

**The new season will start Monday, August 7, 2023**